

## OFFICIAL RESULT

This is the official result for our time trial event, held on the R25/7a course on July 9<sup>th</sup> 2023 and promoted for and on behalf of Cycling Time Trials under their rules and regulations.

## MANY THANK YOU'S

Thank you once again for riding with us this morning – it was great to see some familiar faces in the hall afterwards, plus a few new ones. We took a bit of a risk in returning to a course that hadn't staged an open TT in seven years, so we're grateful that you chose to share your Sunday morning with us and support the event.

We're grateful also to the many people who helped make the event possible: starting with our timekeepers Robin Field, Frances Field and Martyn Heritage-Owen, three devoted characters who help keep time trialling alive in the South Wales area. Thanks also go to our club volunteers Debra, Diane, Jack, Helen, Emily, Daniel, Jeff and Simon.

## AWARDS

We were able to distribute a few prizes in the hall following the event today but missed a few so will be in touch with those riders separately. Here's a summary of the awards:

CATEGORY	RIDER	CLUB	RESULT	AWARD
Women, 1 <sup>st</sup> place	Emma WYATT	Hereford & District Wheelers CC	59m 41s	£30
Women, 2 <sup>nd</sup> place	Roxanne JONES	Hereford Triathlon Club	1h 03m 35s	£20
Women, 3 <sup>rd</sup> place	Lucia Borradaile	CC Weymouth	1h 05m 57s	Complimentary entry
Open, 1 <sup>st</sup> place	Christopher GIBBARD	Bynea Cycling Club	48m 42s	£30
Open, 2 <sup>nd</sup> place	Ben JONES	Port Talbot Wheelers CC	49m 34s	£20
Open, 3 <sup>rd</sup> place	Paul JONES	Primera-Teamjobs	52m 18s	Complimentary entry
2up team	Roger WHITTLE Tony LAKE	Gloucester City Cycling Club Gloucester City Cycling Club	1h 00m 27s	Complimentary entry x2

It was especially pleasing to see the men's course record improved twice in the space of a couple of minutes, having been frozen at 50:58 for more than a decade. First there was **Ben JONES** (Port Talbot Wheelers CC) posting a 49:34 to hack a massive 84 seconds off the previous best, then along came **Chris Gibbard** (Bynea Cycling Club) with his 48:42 to lower the record by a further 52 seconds. Congrats once again to both riders. In the women's event the hour-mark was beaten by **Emma WYATT** (Hereford & District Wheelers CC) who claimed the win by a near four-minute margin and came within a minute of the course record.

## NEXT EVENT FROM VCC

We have one more event on the 2023 calendar and we'd love to see you there if your schedule permits. On August 13<sup>th</sup> we'll be over on the R25/7 course in Usk. It's currently the quickest 25-mile track in Wales, with course records standing at 45:36 (open) and 50:20 (women). Here are all the links you need:

- 25-mile event on the R25/7, August 13<sup>th</sup> – [road bikes](#), [women](#), [open](#)