



CTT Transgender Policy | Guidance for Organisers

14 June 2023

The Board of CTT has announced a new policy for transgender riders which applies from today. The full details are available on CTT's website but the essential elements are that (a) transgender woman (those who have changed from male to female) will not be allowed to race in the female category, (b) CTT's gender categories will be named Open and Female (c) all transgender and non-binary persons will have to race in the Open Category.

This decision has been made in the interest of fairness for other competitors riding as females. Although the policy will be effective from the date of its announcement, we do not expect all the necessary nomenclature changes to be made straightaway. On CTT's side it is expected to take some months to amend the website and the IT to reflect the change. On the organisers side there will be many events in progress which can continue to use the categories of Male and Female. Many organisers will have spreadsheets and much other information stored in the Male/female format. CTT has a "cut off" target date of the end of the year for its own systems. If you find it convenient to make the change sooner then please do so but we are not expecting everyone to be able to fully until next season.

The overwhelming majority of organisers will never be confronted with a gender issue. But, if you are, as an organiser you should not attempt to resolve it yourself. If a rider raises a "gender issue" about another rider or makes a formal objection based on the gender of another rider, you should pass it to CTT.

In the past a number of transgender women were given permission to ride as females and those permissions have now been revoked. CTT is aware of the individuals concerned and will monitor entries made on its systems. There is no need for organisers to take any action. If you are running an open event or a club event where entries have been made through the CTT system you should use the gender provided by the CTT system. In a "turn up and go" club event you should continue to record gender (if you do) as you do now but in due course change the word "Male/Female" to "Open/Female" for the category.

For "season long" competitions all past results will stand but rides after today will be recorded under the new policy.

In future anyone who "affirms" a gender other than assigned to them at birth, namely transgender individuals and non-binary persons would wish to ride in a gender which was not their birth gender, will have to notify CTT and seek permission. CTT will be creating a body to decide all gender eligibility issues and give sympathetic advice to anyone involved. These may be called the Gender Tribunal and there will be a panel of suitable members selected. This body will have power to adjust race results if necessary. There will be a right of appeal for anyone who is the subject of a complaint or enquiry and for anyone raising a complaint to a CTT Appeal panel. For obvious reasons all matters relating to gender will be kept confidential.

The policy that will be followed in deciding any requests to ride in an affirmed gender (i.e. not the birth gender) is that Riders competing as females must fulfil all of the following requirements:-

1. Their sex assigned at birth must be female, and
2. They must not have undergone any part of male puberty, and
3. Their testosterone serum level must be below 2.5 nmol/L if tested.

The entity appointed by the Board to decide gender eligibility issues and give guidance shall have power to grant an exemption from the first requirement but not the second or third.

The Board will be introducing changes to the Disciplinary Regulations to make it clear that when entering an event or registering on CTT's website for the first time a rider is obliged to enter the gender category of either Open or Female in accordance with the new policy.

CTT expects to give more detail about the implementation of its new policy in the next few months.

It goes without saying that CTT welcomes transgender and non-binary individuals who wish to ride in time trials, in the Open Category. CTT also welcomes transgender and non-binary individuals who take part in running events, in whatever capacity, and those who participate in the democratic structure of CTT at whatever level.